

# 108 LBS. IN 9 MO. LOST

Now Living Life to the Fullest

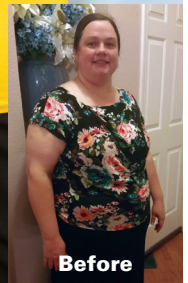
After



## Danielle's Story

At the beginning of last year, I weighed more than I ever had, even at nine months pregnant. I was ready for a change and so I attended a weight loss seminar at the Florida Hospital Tampa Surgical Weight Loss Institute. Following the seminar, I consulted with Dr. John Dietrick, who helped me decide that the gastric sleeve procedure would be the best choice. **I had the procedure in April and have lost a total of 108 pounds.**

Since having lost the weight, I am more physically active and can do more for my family. Food is no longer my go-to comfort thanks to the training and support I received.



Before



## John Dietrick M.D., F.A.C.S.

The gastric sleeve procedure is one of the five surgical and non-surgical bariatric options available at the Florida Hospital Tampa Surgical Weight Loss Institute. Following a thorough medical evaluation, Dr. Dietrick and Danielle determined the gastric sleeve procedure to be the best weight loss solution for her. In the procedure, about 75% of the stomach is removed, leaving a sleeve, or tube-like structure that remains. Reducing space in the stomach forces patients to eat properly and in moderation. In turn, patients like Danielle experience greater weight loss over time and have a tendency to keep the weight off having adapted to a healthier lifestyle.



**FLORIDA HOSPITAL  
TAMPA**

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